

Vereins-Meldeliste - SC Herford

41. Heinz-Lenfert-Pokal 2026

Teilnehmer	Jg.	M/F	DSV-Id	WkNr	Strecke	Meldezeit
Daniel Fast	2011	M	426642	14	200m S	03:20,00
				18	200m B	02:33,47
				30	100m B	01:07,88
				12	50m R	00:30,87
				6	50m B	00:30,18
				20	50m F	00:27,16
Emilia Gieselmann	2007	W	367486	17	200m B	02:41,70
				9	200m L	02:33,97
				29	100m B	01:13,60
				5	50m B	00:33,35
				23	50m S	00:31,06
Friederike Schlomann	2012	W	472016	3	200m F	02:39,36
				7	100m S	01:32,08
				33	100m F	01:13,08
				23	50m S	00:38,56
				19	50m F	00:33,94
Henrik Bechstein	2013	M	485256	18	200m B	03:00,33
				4	200m F	02:29,14
				30	100m B	01:25,28
				34	100m F	01:07,62
				6	50m B	00:38,20
				24	50m S	00:34,78
Jara Kalisch	2016	W	485170	31	200m R	03:10,28
				3	200m F	02:46,73
				25	100m R	01:26,21
				11	50m R	00:38,99
				19	50m F	00:34,91
Korbinian Brand	2007	M	395045	34	100m F	01:00,74
				6	50m B	00:32,07
				24	50m S	00:29,78
				12	50m R	00:29,35
				20	50m F	00:26,22



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Teilnehmer	Jg.	M/F	DSV-Id	WkNr	Strecke	Meldezeit
Linda Theresa Schröer	2013	W	452007	3	200m F	02:38,41
				7	100m S	01:22,79
				33	100m F	01:07,78
				23	50m S	00:33,08
				19	50m F	00:30,18
Louis Castro Lago	2013	M	493085	18	200m B	02:55,88
				4	200m F	02:21,14
				30	100m B	01:20,71
				22	100m L	01:13,77
				34	100m F	01:04,75
				6	50m B	00:36,69
Luca Gröne	2006	M	352995	18	200m B	02:23,22
				4	200m F	02:02,02
				30	100m B	01:04,39
				22	100m L	01:01,12
				6	50m B	00:29,57
Luisa Fleer	2015	W	467391	31	200m R	02:54,00
				3	200m F	02:50,07
				25	100m R	01:29,70
				11	50m R	00:42,90
				19	50m F	00:33,99
Lukas Sarcevic	2008	M	434678	30	100m B	01:05,78
				22	100m L	01:03,00
				6	50m B	00:29,09
				24	50m S	00:26,61
Martin Fast	2014	M	468402	32	200m R	03:13,87
				4	200m F	02:44,18
				22	100m L	01:29,33
				34	100m F	01:14,74
				12	50m R	00:39,06
				20	50m F	00:33,05
Nele Tiemann	2010	W	436787	17	200m B	03:11,10
				3	200m F	02:32,21
				29	100m B	01:28,34
				21	100m L	01:24,24
				33	100m F	01:08,85
				5	50m B	00:40,43
				19	50m F	00:30,57



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Teilnehmer	Jg.	M/F	DSV-Id	WkNr	Strecke	Meldezeit
Richard Rempel	2012	M	455954	18	200m B	02:51,73
				30	100m B	01:15,16
				8	100m S	01:13,28
				22	100m L	01:11,72
				6	50m B	00:33,06
Sam Tappe	2012	M	473180	10	200m L	02:53,59
				32	200m R	02:31,58
				4	200m F	02:15,57
				22	100m L	01:13,09
				26	100m R	01:10,10
				34	100m F	01:01,91
1. Mannschaft	2013	M		28	4x50m L	01:52,63



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